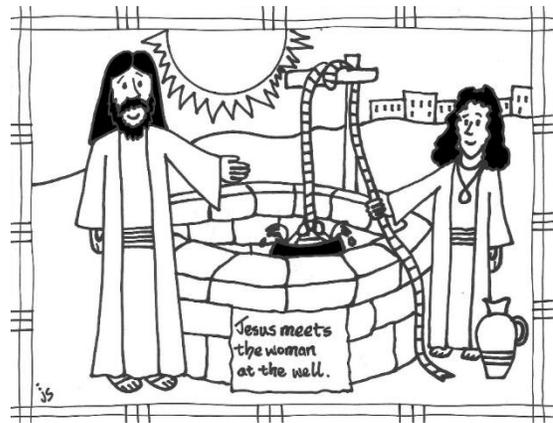


March 08, 2026

Lent 3

PRELUDE

WELCOME



ACKNOWLEDGEMENT OF TERRITORY

All Saints Lutheran Anglican Church exists on the traditional territory of the Attawandaron / Neutral People. We honour the original ancestors of this land and also offer respect and friendship to our Haudenosaunee, Anishinaabe, Mississauga and Métis neighbours.

We give thanks for the First Peoples and all who have cared for the land and made it possible for us to dwell and do ministry on this land, and we commit ourselves to walk in right relations with one another.

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, † one God, who forgives all our sin, whose mercy endures forever. **Amen.**

Almighty God,
to you all hearts are opened, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Jesus Christ our Lord. Amen.

If we say we have no sin, we deceive ourselves and the truth is not in us. Let us confess our sin to God who is faithful and just and who has promised to forgive our sin and cleanse us from all unrighteousness.

*The congregation may sit or kneel.
Silence is kept for reflection and self-examination.*

Our self-centered living, exploitation of other people, and failing to love kindness, do justice and walk humbly with you,

we confess to you, O God.

Our longing to have what is not ours, and hearts that are not at rest with ourselves,

we confess to you, O God.

Our misuse of human relationships and our unwillingness to see Jesus in others,

we confess to you, O God.

Jealousies that divide families and nations, rivalries that create strife and warfare,

we confess to you, O God.

Judgementalism, uncharitable thoughts towards our neighbours, and prejudice and contempt toward those who differ from us,

we confess to you, O God.

Reluctance in sharing the time, talents and resources you have given us,

we confess to you, O God.

Waste and pollution of creation, and lack of concern for those who come after us,

we confess to you, O God.

Hurtful words that condemn and angry deeds that harm,

we confess to you, O God.

Timidity at talking about the movement of Jesus in our lives, negligence in worship and prayer, and wasting your gifts of love and grace,

we confess to you, O God.

According to God's abundant mercy, there is forgiveness for all who seek repentance, and grace for all who turn their hearts to the way of Jesus.

Thanks be to God!

GATHERING SONG Before the Waters Nourished Earth



1 Be - fore the wa - ters nour - ished earth or night im -
 2 This Love re - mained as time re - vealed the loss of
 3 De - spair, so deep it bears no name, or sor - rows
 4 The Love that called cre - a - tion good all good - ness



ag - ined morn - ing, a Love con - ceived the
 E - den's glo - ry and, griev - ing, holds in
 par - a - lyz - ing can - not re - voke Love's
 still is bring - ing. This Love turns death a -



u - ni - verse and rev - eled in its form - ing.
 mem - o - ry each trag - ic hu - man sto - ry.
 faith - ful claim to dwell with - in our dy - ing.
 gain to life and si - lence in - to sing - ing.

GREETING

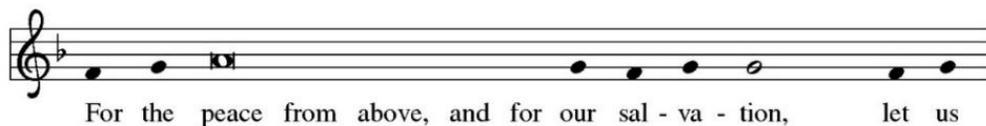
The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

KYRIE



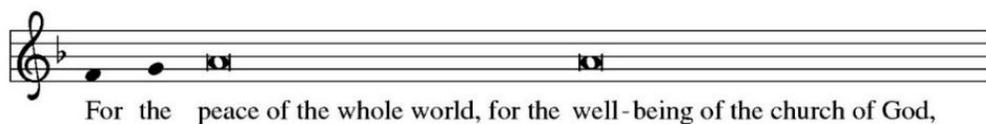
In peace, let us pray to the Lord. **Lord, have mer-cy.**



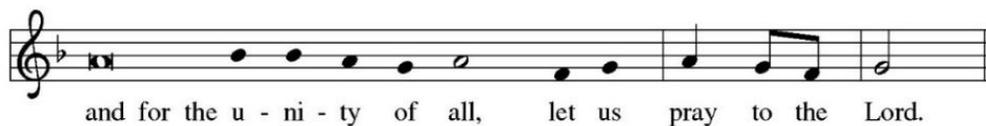
For the peace from above, and for our sal - va - tion, let us



pray to the Lord. **Lord, have mer - cy.**



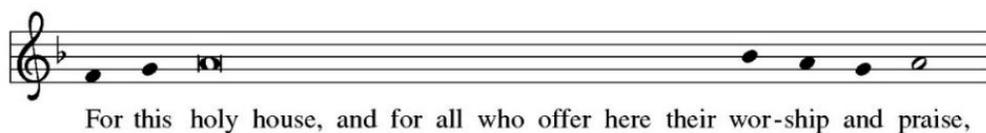
For the peace of the whole world, for the well-being of the church of God,



and for the u - ni - ty of all, let us pray to the Lord.



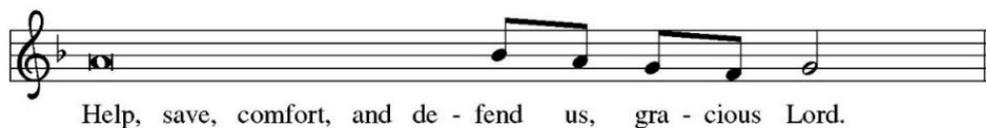
Lord, have mer - cy.



For this holy house, and for all who offer here their wor-ship and praise,



let us pray to the Lord. **Lord, have mer - cy.**



Help, save, comfort, and de - fend us, gra - cious Lord.



A - men.

PRAYER OF THE DAY

Let us pray.

Merciful God, the fountain of living water, you quench our thirst and wash away our sin. Give us this water always. Bring us to drink from the well that flows with the beauty of your truth through Jesus Christ, our Saviour and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen**

CHOIR ANTHEM

FIRST READING: Exodus 17:1-7

This passage is one of several "murmuring stories" that occur in Exodus and Numbers in connection with the wilderness wanderings of the people of Israel between their leaving Egypt and their entering "the promised land" of Canaan.

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarreled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³ But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?"

⁴ So Moses cried out to the LORD, "What shall I do for this people? They are almost ready to stone me." ⁵ The LORD said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink."

Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Word of God. Word of life.

Thanks be to God.

PSALM: Psalm 95 (*Sung together in unison*)



- ¹ Come, let us sing | to the LORD;
let us shout for joy to the rock of | our salvation.**
- ² Let us come before God's presence | with thanksgiving
and raise a loud shout to the | LORD with psalms.**
- ³ For you, LORD, | are a great God,
and a great ruler a- | bove all gods.**
- ⁴ In your hand are the caverns | of the earth;
the heights of the hills are | also yours.**
- ⁵ The sea is yours, | for you made it,
and your hands have molded | the dry land.**
- ⁶ Come, let us worship | and bow down,
let us kneel before the | LORD our maker. R**

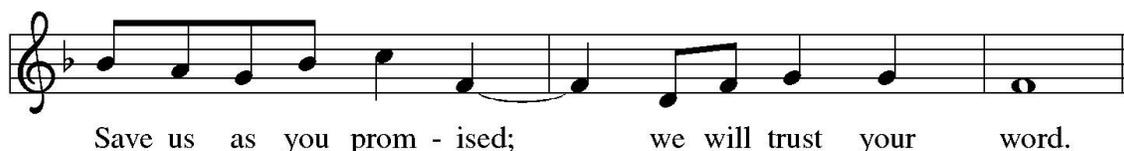
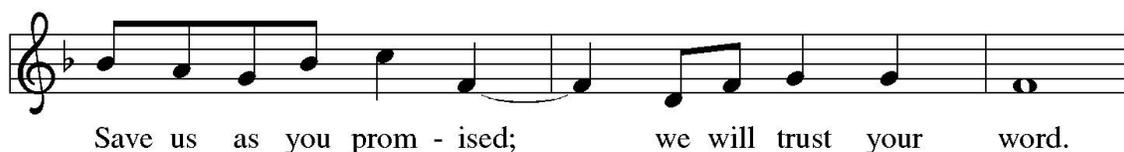
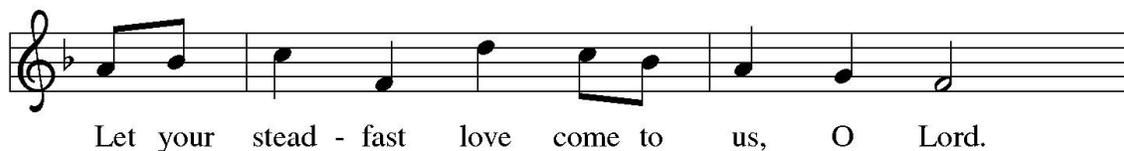
- ⁷ For the LORD is our God, and we are the people of God's
pasture and the sheep | of God's hand.
Oh, that today you would | hear God's voice!**
- ⁸ "Harden | not your hearts,
as at Meribah, as on that day at Massah | in the desert.**
- ⁹ There your ancestors | tested me,
they put me to the test, though they had | seen my
works.**

10 Forty years I loathed that gener- | ation, saying,
‘The heart of this people goes astray; they do
not | know my ways.’

11 Indeed I swore | in my anger,
‘They shall never come | to my rest.’” R



GOSPEL ACCLAMATION



GOSPEL: John 4:5-30, 39-42

The holy gospel of our Lord Jesus Christ according to John.
Glory to you, O Lord.

⁵ [Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.⁶ Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷ A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.”⁸ (His disciples had gone to the city to buy food.)⁹ The Samaritan woman said to him, “How is it that you, a

Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) ¹⁰ Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

¹¹ The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹² Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" ¹³ Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶ Jesus said to her, "Go, call your husband, and come back." ¹⁷ The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!"

¹⁹ The woman said to him, "Sir, I see that you are a prophet. ²⁰ Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹ Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth." ²⁵ The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶ Jesus said to her, "I am he, the one who is speaking to you."

²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?"

²⁸ Then the woman left her water jar and went back to the city. She said to the people, ²⁹ "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰ They left the city and were on their way to him...

³⁹ Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰ So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The gospel of Christ.

Praise to you, Lord Jesus Christ.



Let your stead - fast love come to us, O Lord.



Save us as you prom - ised; we will trust your word.



Save us as you prom - ised; we will trust your word.

HOMILY

HYMN OF THE DAY The Woman at the Well

(Tune: Kingsfold)

1. When Jesus sat by Jacob's well
About the noon of day,
A woman came, water to draw;
She stooped, heard Jesus say,
"Give me a drink." She turned and said,
"Why should I talk to you?
Samaritan I'm birthed and bred,
But you were born a Jew."

2. Jesus replied, "I say to you,
Know you to whom you speak?
If you but asked, I could provide
Living water you seek.
You will not find it in this well
Whose water lies so deep.
But it can quench your soul's great thirst
And it is yours to keep."

3. She said to Jesus, "How may I
Find living water, tell,
So every day I do not have
To draw from this deep well."
He told her, "Water from a well
Can none alone sustain,
For with that drink, you can be sure
That you will thirst again.

4. But living water for the soul
Is an unceasing spring
That gushes upward from within
Eternal life to bring."
She said, "I wait for the Messiah
Who will make all know to me."
Jesus responded, "Woman, know
This truth: that I am he."

- Text: Nigel Bunce

PRAYERS OF INTERCESSION

Let us come before the well of living water, trusting in God's mercy and love for all creation.

Gracious God, you call your people to share the good news of Jesus, who offers living water to all who thirst. Strengthen your Church in every place to be a witness of reconciliation, hospitality, and hope. Fill us with your Spirit, that our words and deeds draw others to your grace. Hear us, O God, **your mercy is great.**

You make streams flow in the desert and gather the waters into seas and rivers. Protect all who depend on clean water for life. Teach us to care for the Great Lakes, the Grand River Watershed, and the groundwater aquifers that sustain our communities. Refresh the earth with your renewing power. Hear us, O God, **your mercy is great.**

Merciful God, we pray for the Middle East amid escalating violence – U.S. and Israeli strikes on Iran, Israeli advances in Lebanon, bombs from all sides in the conflict that are killing hundreds including civilians, and displacements from Gaza to Tehran. Soften hardened hearts of leaders and militants, quench suffering with safety and aid, and grant wisdom for ceasefires and truces, that all would live in safety and dignity. Hear us, O God, **your mercy is great.**

Loving God, you created women in your image and called them to bear your wisdom and strength. Especially on this International Women's Day, bless women and girls everywhere with safety, opportunity, and respect. Empower all who strive for equity and dignity, and guide us to honor the gifts of every person. Hear us, O God, **your mercy is great.**

Healing God, pour out your compassion on those who thirst for relief and comfort from illness or grief. Restore health, lift spirits, and give hope to all who suffer in body, mind, or spirit. We pray especially for: Anna-Liisa, Bud, Ruth, Werner and Debbie, John and Julianna, Ross and Karen, Ken and Matzi, Andrew, Joan, Alice, Irene, Greg and Mary, Elaine and David, Sue and Earlby, Penny and Bill, Marilyn and Sigi, for Grace and Cole and their mother Jennifer, Kathryn, Kelly, Juan and Anita, Bill, Micah, Rosemary, Christopher, Kim, Calvin, Christopher and those we name before you in our hearts. (*silence...*). Hear us, O God, **your mercy is great.**

Faithful God, draw this community of faith together at your well of living water. Refresh our ministry, deepen our community, and send us to share your love with neighbours near and far. Make this a place of welcome, grace, and spiritual renewal. Hear us, O God, **your mercy is great.**

O God, when death draws near, we rejoice in the promise of life with you. We remember all who have entered eternal rest, and we pray that you bring us the hope of sharing in your glory. We remember especially today your servant and our brother in faith, Christ Fischer, who died this week. Give to Joan and their whole family a sure confidence in your loving care, that casting all their sorrow on you, they may know the consolation of your love. Hear us, O God, **your mercy is great.**

We lift our prayers to you, O God, trusting in your steadfast love and your promise to renew your whole creation; through Jesus Christ our Saviour.
Amen.

PEACE

May the peace of Christ be with you all!
And also with you.

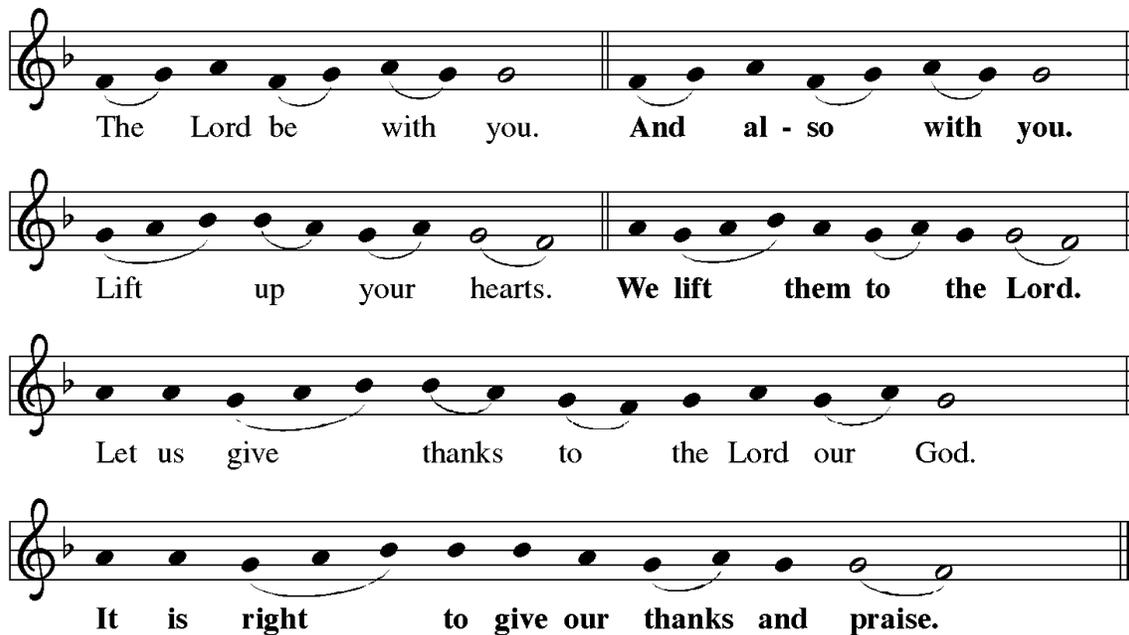
OFFERTORY Seed that In Earth is Dying RED 330

OFFERTORY PRAYER

Let us pray:

God of good gifts, receive these and all our offerings as we present them in faithful service for the sake of your gospel. Prepare our hearts to receive you in this meal as you pour out your very presence through Christ Jesus, the wellspring of eternal life. **Amen.**

GREAT THANKSGIVING



The Lord be with you. And al - so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

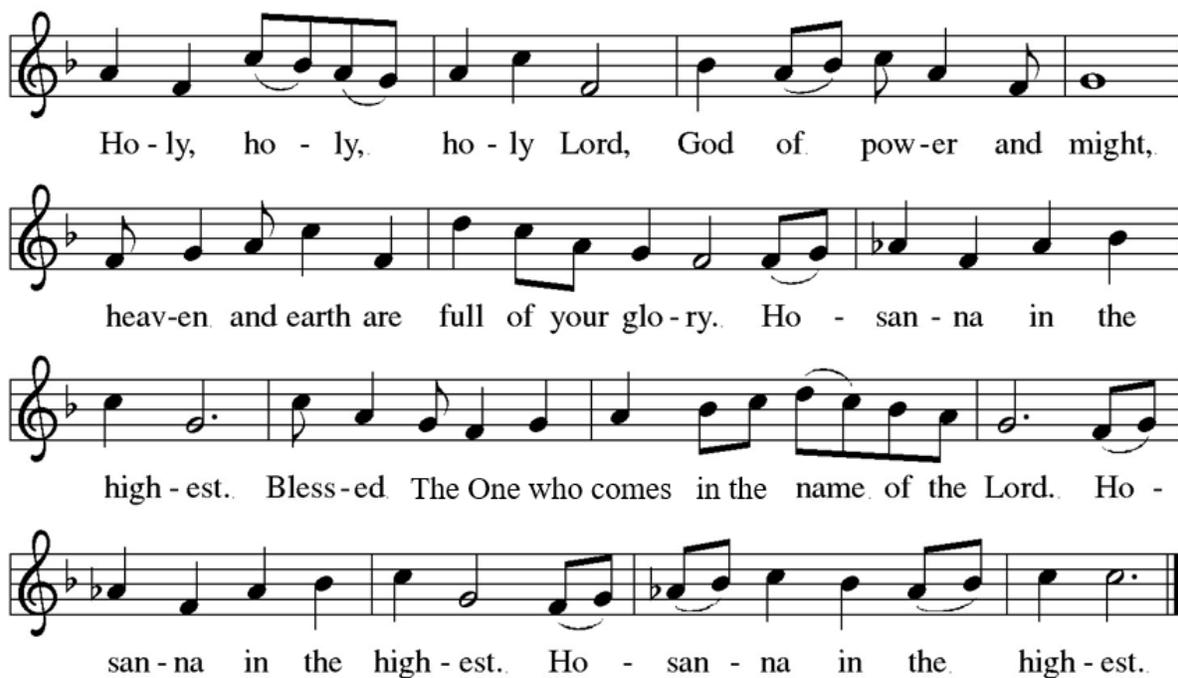
It is right to give our thanks and praise.

The image shows four staves of musical notation in a single system. Each staff begins with a treble clef and a key signature of one flat (B-flat). The notes are quarter notes, mostly beamed in pairs. The lyrics are printed below the notes, with some words underlined. The first staff has two measures, the second and third have two measures each, and the fourth has one measure.

PREFACE

... and join their unending hymn:

SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,
heav-en and earth are full of your glo-ry. Ho - san - na in the
high - est. Bless-ed The One who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

EUCCHARISTIC PRAYER

Holy God, our living water and our merciful guide,
together with rivers and seas, wells and springs
we bless and magnify you.

You led your people Israel through the desert and provided
them water from the rock. We praise you for Christ, our rock
and our water, who joined us in our desert, pouring out his
life for the world.

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper,
he took the cup, gave thanks,
and gave it for all to drink, saying:

This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

Remembering, therefore, his life, death, and resurrection,
we await your salvation for all this thirsty world.

Pour out your spirit on this holy food and on all the baptized
gathered for this feast: wash away our sin, that we may be
revived for our journey by the love of Christ, through whom
all glory and honour is yours, almighty Father, with the Holy
Spirit, in your holy Church, both now and forever. **Amen**

LORD'S PRAYER

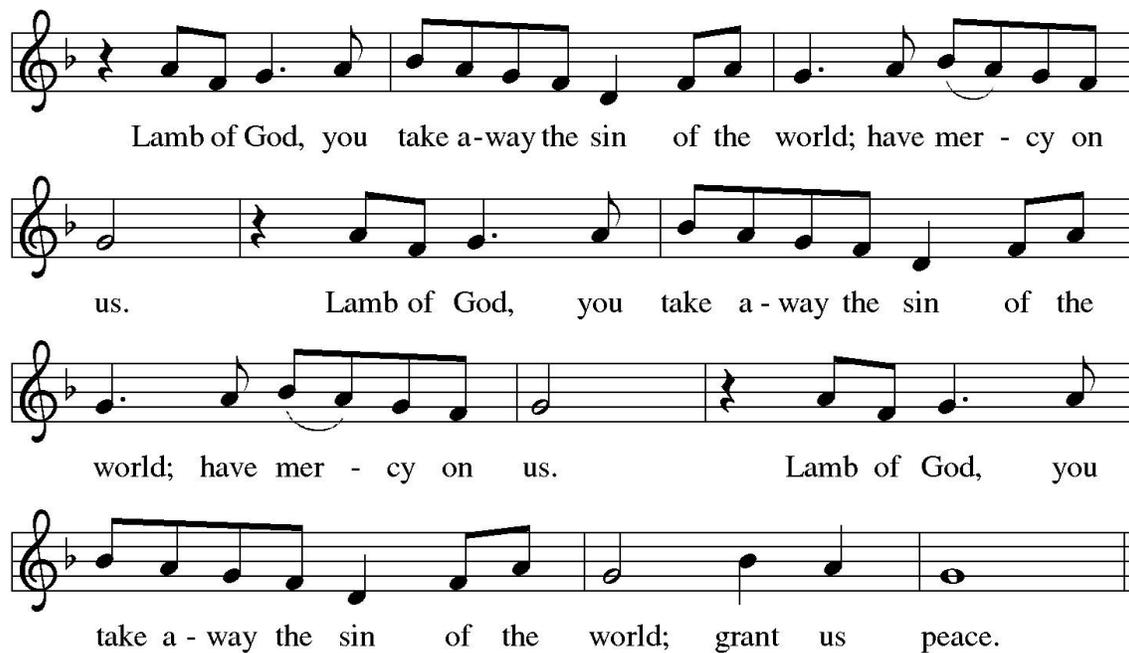
**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

INVITATION TO COMMUNION

We break this bread,
Communion in Christ's body once broken.
Come and receive Jesus, our strength in the wilderness!
Thanks be to God!

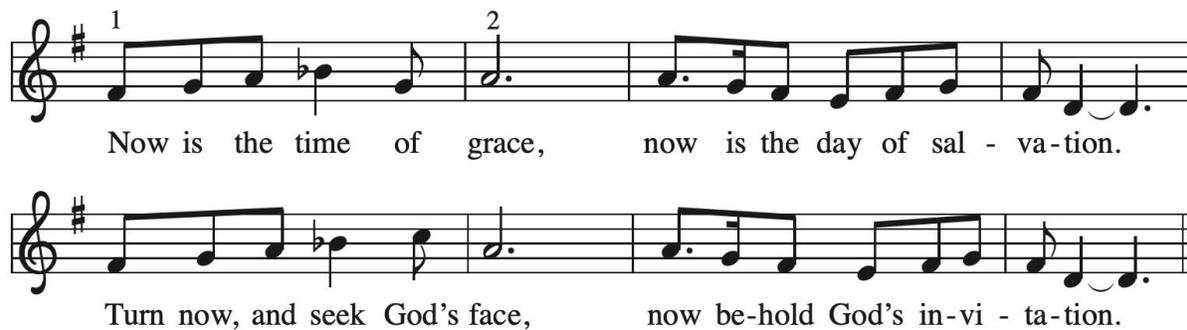
COMMUNION HYMNS:

Lamb of God



Lamb of God, you take a-way the sin of the world; have mer - cy on
us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you
take a - way the sin of the world; grant us peace.

Now is the Time of Grace



Now is the time of grace, now is the day of sal - va-tion.
Turn now, and seek God's face, now be-hold God's in-vi - ta-tion.

O Blessed Spring

RED 447

Ho, All Who Thirst (Come Now to the Waters)

Chorus:

Ho, all who thirst, come now to the water,
and all whose souls are parched and weary, come and drink!
Ho, all who thirst, come now to the water,
and from your heart will flow a never-failing spring.

1. Why forsake the Lord, the fount of living water,
choosing broken cups that cannot be filled.
2. For the Lamb will be our shepherd and will guide us
to the wellsprings of the water of life.
3. All who come may take this gift of living water.
They will thirst no more, for they shall be filled.

Text and Music: Alexander M Peters, 1997 ©

TABLE BLESSING

May the body and blood of our Lord Jesus Christ,
strengthen, keep, and unite us now and forever. **Amen**

POST-COMMUNION PRAYER

Living God, as the disciples ate and drank with their risen
Lord, we have been nourished with the very presence of
Christ. Through this meal may we be strengthened to keep
your word and to proclaim the power of your love in Jesus
Christ our Saviour. **Amen**

POST-COMMUNION CANTICLE



Now, Lord, you let your ser-vant go in peace: your word has been ful -



filled. My own eyes have seen the sal - va - tion which you have pre -



pared in the sight of ev-'ry peo - ple: a light to re-veal you to the



na - tions and the glo - ry of your peo - ple Is - ra - el.

ANNOUNCEMENTS

BENEDICTION

God, the giver of love,
✠ Christ, the resurrection and the life,
and the Holy Spirit of rebirth
bless you in this Lenten journey. **Amen**

**The blessing of the God of life be ours.
The blessing of the loving Christ be ours.
The blessing of the Holy Spirit be ours,
To cherish us, to help us, to make us holy.**

SENDING HYMN Guide Me, O Thou Great Jehovah

BLUE 565

DISMISSAL

Go in peace. Serve in love.
Thanks be to God!

POSTLUDE

Announcements and Information

| | Today | Next Sunday |
|---------------------------|--------------------------------------|--|
| Assisting Minister | Michelle Normandin | Christine Morrison |
| Servers | Christine Morrison John Szymanski | Julianna Stephens Marisela McDougall |
| Reader | Deborah Szymanski-Potts | Kate Stuttaford |
| Greeters | Bill & Jette Thomas | Sheila Chappel |
| Ushers | Chris Heaney Marisela McDougall | Don & Carolyn Conibear |
| AV booth | Judy Rogers Michele Altermann | Michele Altermann Brian Janzen |
| Altar Guild | Ena Sookraj Elsie Persaud | Ena Sookraj Elsie Persaud |
| Counters | Chris Heaney Richard/Linda Zytner | Michelle Normandin Richard/Linda Zytner |
| Flowers | | |
| Coffee Hour | Lenten Lunch | Worship & Music Team |

We pray for:

ACC The Rt. Rev. Sandra Fyfe, Bishop, and the people and clergy of the Diocese of Nova Scotia and Prince Edward Island

ELCIC The dean, council, and congregations of the Northern Area of the Eastern Synod

MOR The people and ministries of Christ Moravian Church in Calgary.

Greeters: If you can help with this important hospitality ministry please contact the church office. *Thank you.*

Lenten Lunches are back! Join us for soup, bread and conversation after worship on Sundays in Lent. The theme of our lunches this year will be "***Intentional Listening to God and to One Another.***" There will be a sign-up sheet in the narthex for soup heroes! We are hoping for a variety including some vegan options each week.

Lenten Self Denial: Women of Faith invite you to support their Lenten self denial collection. There are information pamphlets and envelopes for your offerings in the Narthex. This year the collection will go to Hope House. *Thank you*



St. Patrick's Day Dessert and Card Party: Wear your green and join us for desserts and cards on **Saturday March 14, 2026, between 1:00–4:00 p.m.** in Rose Head Hall.

Parish Care workshop: Join us on **Tuesday, March 17, 2026** in the Parlour at **1:00 p.m.** to listen to our speaker, Eleanor Ross address "Aging in Place: Financial Considerations after Retirement. Refreshments will be served, let your friends and neighbours know, everyone is welcome!

A Tribute to Jane Goodall: Saturday March 21st, 1 to 4 pm:

Join the Guelph Seminar and the University of Guelph Arboretum for an afternoon honouring primatologist Jane Goodall. Speakers include Dr. Keriann McGoogan, Guelph author of *Sisters of the Jungle*, and Prof. Kerry Bowman, University of Toronto bioethicist and environmentalist. There will also be hands-on workshops and live music. The event is free, and takes place in the Arboretum Centre. Go to guelphseminar.ca to register and enter a door prize raffle!



Connections: The deadline for the next issue of *Connections* is **Sunday, March 22, 2026**. Please submit items to Christine Morrison at cjmorrison263@gmail.com

Annual Meeting: Save the Date! Our Annual/Vestry Meeting will take place on **Sunday March 29, 2026**, after the 10:00 a.m. service. Copies of the Annual Report and 2026 Budget will be available Sunday, March 15, 2026. Please bring sandwiches to share for lunch.

Silvercreek Community Market: Please consider buying the specific items listed below — for March we need **pasta, pasta sauce, school snacks and cooking oil (1L)**.

We do not need any plastic bread tabs. We are taking reuseable grocery bags again. Thank you.

Free to Read: The Guelph Tool Library is running the Free to Read Book Sale to celebrate **World Book Day on Saturday April 25, 2026 from 10 am until 3 pm in the main concourse of the Old Quebec Street Shoppes**. The goal is to sell those books that are frequently donated, such as best sellers and detective stories, and use the proceeds to purchase the technical books needed to support literacy and language programs in correctional facilities.

We are collecting books until **Sunday April 19, 2026**. This is a great opportunity to consider what books in your home are ready for their next 'forever home'! (Please – no encyclopedias!) *Thank you.*

March 8 – International Women's Day is celebrated in many countries around the world. It is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic or political.



International
Women's Day

Officially recognized by the United Nations in 1977, International Women's Day first emerged from the activities of labour

movements at the turn of the twentieth century in North America and across Europe. It was first celebrated in 1911.

International Women's Day has assumed a new global dimension for women in developed and developing countries alike. The growing international women's movement, which has been strengthened by four global United Nations women's conferences, has helped make the commemoration a rallying point to build support for women's rights and participation in the political and economic arenas.

LOOKING AHEAD: March 9 –15

| | | |
|--------------|----------------|---------------------------------------|
| Wednesday 11 | 9:00 a.m. | Announcements due to Office |
| | 12:00 p.m. | Women of Faith, Parlour |
| | 6:30—8:00 p.m. | Confirmation Class Pastor's Office |
| Thursday 12 | 1:00 p.m. | Chi Rho, Parlour |
| | 7:00 p.m. | Choir Practice, Nave |
| Sunday 15 | 8:30 a.m. | Lent 4 Holy Communion—Nave |
| | 10:00 a.m. | Lent 4 Holy Communion—Nave |

Organist

Peter West

Staff

Michele Altermann, Administrative Assistant

Church Office Hours

Tuesday to Friday, 9:00 a.m.—1:00 p.m.